



THE JOYRIDERS
THERAPEUTIC RIDING ASSOCIATION
Prince Edward Island, Canada

“THE WHINNY”
Issue #32 ~ SPRING 2024



OUR MISSION

The enhancement of the physical, emotional and social well-being of children and adults with disabilities through various forms of therapeutic riding.

CHARLEY ANNE CUTCLIFFE

2023 JOYRIDER OF THE YEAR

CONGRATULATIONS!



Above: Charley with her statuette, crafted by Glen Pye, photo by Tracy Cutcliffe.

Top right: Charley patting Royal in 2006.

Bottom right: Charley riding Pixie in 2022.





EDITOR'S EYE VIEW

There has been much to celebrate over the past few months, including our chief instructor Kathy Barrett's 40th anniversary with the Joyriders (wow!). But sometimes life also throws curve balls. One such found its mark when Kathy's husband, John, suffered a severe accident (but recuperating steadily, thank goodness), and we cancelled our spring Riding Program so she could devote her time to caring for him and the horses. Nonetheless, in June we picked up the reins, so to speak, and put Bobbi the Mini to work, while our summer Horsemanship and fall Riding programs will take place as usual. Read on and enjoy!

Daphne Davey

In particular, Janice volunteered in the riding programs from 2014 to 2021, and as a director served in several roles, including Vice-president, President, Past President, A/Treasurer, and mentor to any director who inherited her position. She was also Fundraiser Extraordinaire, researching and writing grant proposals with enviable success.



JIM McQUAID
(2014–2024)

Plaque presented by
Janice Cole.



DR. LAURIE McDUFFEE
(2022–2024)

Plaque presented by Linda
Stewart.



LOTS OF LAUGHTER

AGM, May 22, 2024

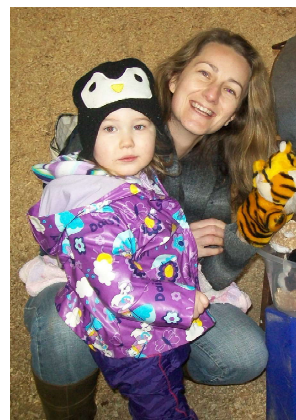


AGMs are supposed to be solemn affairs, right? *Wrong!* We laughed a lot at this one. Although we said goodbye to three retiring directors, we celebrated their important contributions over the years they served – amid much merriment.



JANICE COLE (2013–2024)

Plaque presented by Jim McQuaid.



STEPHANIE COMPTON

Volunteer, 2009–2014
Assistant Instructor,
2014.

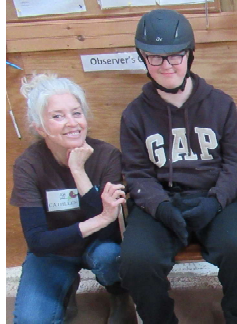


CATHERINE MacINNIS

Volunteer, 2009–2012
Director, 2011–2013
Volunteer, 2023 to
present.

CATHLEEN O'GRADY

Volunteer, 2016 to
present.



Finally, we welcomed **OLIVE MOASE** as an elected director, having served since 2023 as ex officio in her capacity as Volunteer Coordinator.

Oh, but we've not quite finished!

KATHY BARRETT Celebrating 40 YEARS of service 1984–2024

In 1984, Kathy joined as a volunteer. In 1985, she became our instructor, and in 1987 she qualified as a Canadian Therapeutic Riding Association (CanTRA) Instructor (the highest level at that time). From that point Kathy became our Chief Instructor, and continues in that role today.



With Justin on Cue. This photo was the inspiration for our logo by artist Lindee Climo.

Over the years, Kathy has mentored all our instructor candidates, welding together a rock-solid and experienced coaching team, supported by consultant physiotherapists, and applications, rider, and volunteer coordinators (what we call the Program Team). “Team” has always been the operative word. Perhaps it's because we are all focused on what is best for our riders, but Kathy's dedicated and passionate leadership has ensured our success.



With therapy horse Rain at the 2011 CanTRA Conference, hosted by the Joyriders. Photo: Ann MacNeill.

The wider equestrian community has also recognized Kathy's contribution to the Joyriders. She has been won Sport PEI Coach of the Year three times, as well as awards from the Credit Union and the 3M Coach Recognition Program. In 2005, she received Island Horse Council's Ralph Manning Volunteer of the Year award, and in 2009 their Appreciation Award.



With independent riders Emily on Henry and Patricia on Logan.

In 2015, CanTRA upgraded Kathy to the pinnacle of instructors: CanTRA Coach. This designation is awarded without examination to top instructors who have demonstrated significant breadth of experience and length of service in the field of therapeutic riding,

including instruction, horse development, and managing and promoting a therapeutic riding program. Only a handful are so qualified in Canada.



Leading the field with Bobbi, followed by Paxton on Logan.

Kathy has done all this while shepherding our program through three locations: Milton, South Winsloe, and Hunter River. As proprietor of these last two locations with her husband, John, she has bent over backwards to make them safe and workable spaces for our clients and volunteers.

And this is only scratching the surface! (The whole story is covered in the two *Free to Roam: The Story of the Joyriders* books.) At the AGM, both our Board of Directors and Program Team thanked Kathy with cards of congratulation containing full-page inserts of special individual messages from each member.



Marg Gray, instructor, with Kathy and the cards.

The board also commissioned artist and former board member Pat Lush to create one of her famous cartoons, this one depicting all the elements involved in being a Chief Instructor – donated by Pat.



HUNTER RIVER LIONS

PANCAKES FOR THE JOYRIDERS!

Thanks so much to Randy Johnston and Hunter River Lions members for once again donating proceeds from their Pancake Breakfast to the Joyriders. Debbie and Daphne accepted a cheque for \$500!



BOBBI HOLDS THE FORT

In June, although we were unable to offer riding lessons, we did offer the Bobbi Program for three clients. As always, he was the star of the show. Thanks for saving the day, Bobbi!

CURTIS



MOVING ON

Tracy Stevenson, former ED of ParaSport and Recreation PEI, is now working in Charlottetown City Hall. Tracy was always supportive of the Joyriders, and arranged for ParaSport to act as our phone message centre. Thank you, Tracy!

LUKE



NORAH



Thanks to Linda Stewart, Karen Thompson, and Kellie-Lynn Younker for running this program. Bobbi enjoyed being groomed, but was put through his paces negotiating poles (not always in a straight line!), a bridge, and playing the "Red light, green light" game. Photo: Karen Thompson.

**ANDY ROBB
MEMORIAL PARTNERSHIP
FOR SUSTAINABILITY**

“Andy was ‘one of a kind’ in so many ways. Everyone who knew him had many reasons to be proud to call him friend. Those who knew him through his many volunteer endeavours admired and were inspired to emulate him. The Island has much for which to be grateful to this peerless and warm gentleman.” *Donor to Andy Robb Fund.*

This special Fund in Andy’s memory (a project he initiated) was set up to commemorate the huge contribution he made to the Joyriders as a board member for over 20 years.

If you would like to provide sustaining support to the Joyriders to ensure its financial stability, please visit our website home page for donation information and the link to our Facebook to view the featured slide show.

www.thejoyriders.ca

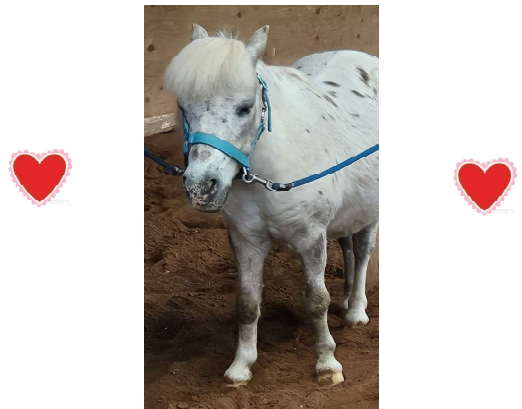
FOND MEMORIES OF TRACEY

We are sorry to hear of the passing of former Joyrider Tracey Crane, who rode with us from 2001 to 2010 and made such strides in her riding.



**UPSE LOVES BOBBI!
PEI Union of Public Sector Employees**

Recently, Linda Stewart and Daphne Davey from the board presented to UPSE for a grant to cover the main expenses for the Bobbi Program. UPSE came through with a \$500 grant! Perhaps a double-sided hand-out of photos of Bobbi in action helped, but Linda made a point of sharing with the panel what the program meant to her personally, as well as to our clients. Thank you, UPSE!



CHRISTMAS PARTY

It was a full house at the Christmas Party in Hunter River Community Hall. Lots of fun and good food, and some special presentations.



Trish, Elf (Marg) and Olive partying in glorious technicolour.



*Justin and uncle
Garth.*

*Deena Robb presents a
gift hoodie to Merv
Froeblich for 27 years
of volunteering.*



*Deena herself
receives a gift
hoodie from Olive.*



*Debbie conducts the Pass the Parcel game with Ryan, Rowan,
Kellie-Lynn, and Sharlena.*

CONGRATULATIONS!

CHELSEA BARRETT Island Horse Council
2023 Athlete of the Year (equestrian)

ANNIE MACARTNEY, PT, on the birth of her
baby, Jake

HANNAH MacLELLAN re-elected Vice-
President of the Cerebral Palsy Association of PEI

MORE ABOUT ...

CHARLEY ANNE CUTCLIFFE 2023 Joyrider of the Year

Here is an excerpt from Charley Anne's citation:

Wow! Charley Anne Cutcliffe, has come such a long way since she became a Joyrider in 2006! We have witnessed Charley's exploration of horseback riding, her courage in overcoming some early fears, her understanding of what she needs to do to develop balance in the saddle, and many other adventures. Throughout it all, Charley has continued to want to ride. A true horsewoman! Charley's latest achievement has been to work towards riding independently. We have enjoyed watching Charley mature over the years as she has grown into a young woman, always interested in the people around her, full of questions. Congratulations for so well deserving this award!

NATIONAL VOLUNTEER WEEK ~ 2024



*Daphne and Linda (and Olive and Karen and Florine)
staffed our booth in Hunter River Community Hall.*

BITS AND PIECES

Instructors attended professional development workshops, including in person with Trish Helm-Neima, PT, and online with Can'TRA.

Henry, Logan, and Pixie can't figure out where everyone went to this spring. It was awfully quiet around the barn!

**BOARD OF DIRECTORS
2024-2025**

<i>President</i>	Daphne Davey
<i>Past president</i>	[vacant]
<i>Vice-president</i>	Linda Stewart
<i>Secretary</i>	Florine Proud
<i>Treasurer</i>	Heather MacNeil
<i>Directors</i>	Stephanie MacDonald Catherine MacInnis Butch McGee Olive Moase Cathleen O'Grady Linda Stewart Karen Thompson
<i>Director ex officio</i>	Kathryn Barrett <i>Chief Instructor</i>

DONATION OPTIONS

Online at www.thejoyriders.ca
E-transfer to joyridersinfo2020@gmail.com
Cheque to our mailing address c/o Treasurer

“THE WHINNY”

Semi-annual newsletter of
THE JOYRIDERS
Therapeutic Riding Association of PEI
PO Box 20149, Charlottetown,
Prince Edward Island, Canada
C1A 9E3

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joyridersinfo2020@gmail.com

SUBMISSIONS are welcome! Why not write about your experience as a Joyrider or volunteer? Or send a photo or drawing?

PHOTOS are by Daphne Davey unless otherwise credited.

PROGRAM TEAM

Chief instructor

Kathryn Barrett, Can'TRA Coach

Instructors

Lauren MacIsaac, CTRBI-2
Gilles Richard, CTRBI-2
Daphne Davey, CTRBI
Doug Ellis, CTRBI
Debbie Gormley, CTRBI
Marg Gray, CTRBI

Physiotherapists

Trish Helm-Neima
Annie Macartney

A/Volunteer Coordinator

Deena Robb
joyridersvolunteers@gmail.com

Rider Coordinator

Julie Scales
jbscales30@gmail.com

**RIDER APPLICATIONS
COORDINATOR**

Ellen McCloskey
ellen.jmccloskey@gmail.com



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www.cantra.ca