

OUR MISSION

is the enhancement of the physical, emotional and social well-being of children and adults with disabilities through various forms of therapeutic riding.



BOBBI IS THE BEST!



Norah takes Bobbi for a run with Kellie-Lynn and Linda.

Justin poses for the camera with Bobbi and the team. From left: Linda, Justin, Karen and Kellie-Lynn







FROM THE EDITOR'S DESK

Well, after the challenge of adapting to COVID's incursions, this year we successfully concluded all five programs: the Spring and Fall Riding programs, the summer Introductory Horsemanship program, and two "Pet & Play" programs starring Bobbi the Miniature Horse.

Much (very much!) work went into running these programs. Chief instructor Kathy Barrett and her Program Team (instructors and coordinators) spearheaded it all, while our large volunteer team gave generously of their time and talents to "flesh it out."

We are also grateful for the strong support of our riders and their families, many parents patiently sitting in their cars as regulations did not permit them to enter the building. Smartphones were very much in evidence!

On behalf of our Joyriders board (those invisible volunteers who keep our organization ship-shape and sailing strongly into the future), all the very best for the holiday season.

Daphne Davey, President

A CHRISTMAS GIFT IDEA

Our very attractive "Tanner" cards (blank inside) feature the beautiful painting of Tanner and friends donated by Lindee Climo. *See page* 9. The cards are \$20 for a box of five cards. For more information, please contact us at

joyridersinfo2020@gmail.com

NEW VOLUNTEER FACES

An especially warm welcome to new volunteers this fall: Heather Barnick, Sarah Barron, Mike Gillis, Lauryn O'Brien, Nadine Smith-Koch, and Jonathan Zalewski. We hope you'll come back next spring for more fun and games in the arena.

We might mention that, before Sarah left the province a few years ago, she loaned two ponies to the program: Gold and Miranda. We are delighted that she has returned to live on PEI and reconnected with the Joyriders.



Gilles and Lauren (centre facing) explain some side-walking techniques at the orientation for new volunteers.

FASHION STATEMENTS



BUCKETS OF FUN WITH BOBBI

Once again, Bobbi turned on the charm to entertain his friends in our **"Pet & Play" p**rogram in the outdoor ring. He enjoyed being groomed, led through an obstacle course, and stopping to check for fan mail.



Justin, Linda and Kellie-Lynn. Bottom: Norah goes for the bucket.

But best of all, Bobbi loved the "hunt the snack" finale, when he was led around to find all the hidden treats. Watch out, though! Upturned buckets (hiding carrot and apple snacks) went flying as he flipped them in the air and claimed the prize. *See note on page 8.*





CANDID CAMERA!

Bobbi found himself using the viewing room to get from A to B when the big barn door was closed. Luckily he was small enough not to get stuck!





THANKS TO ALL OUR DONORS

We are very grateful for donations small or large, from individuals, businesses, corporations, service clubs, and funding agencies. We operate without government funding, so every penny does make a difference.

We would especially thank the PEI Easter Seals Society for a generous grant to support our programs this year as we have incurred extra expenses due to COVID.

EDNA REID JOINS THE TEAM

We are delighted to announce that **Edna Reid** has joined our team to help past president Janice Cole with fund-raising. Edna will stand for election to the board in 2022 and then fully assume the fund-raising role.

Edna's resumé is truly impressive. She has served in leadership and fund-raising positions with the Rotary Club of Charlottetown, Easter Seals Provincial Campaign, and other good causes. Thanks to Edna's involvement with these two main funding agencies, who have contributed generously to the Joyriders over the years, she feels she already knows us.

We feel honoured that Edna has chosen to refocus her energies in our direction. In her other life, Edna runs her own business as an insurance and benefits consultant. Welcome to our team, Edna!





Top: A perfect pose for the camera. Charley Anne on Pixie, with Lauryn and Marg.

Bottom: Doug Ellis gets in some teaching practice as Rowan finds himself having a solo lesson outside on Pixie.



HORSEMANSHIP PROGRAM

ONE STEP AT A TIME Jessica

This summer, we were happy to welcome **Jessica Malone** to our summer **Introductory program**. Truth be told, her bunny had a lot to do with persuading her to have a go.

Bunny gives the thumbs up * Can we discuss this first?. * Oh, alright, I'll give it a try * Now look at me! I'm riding Logan in the outdoor ring. Yeah!











HORSEMANSHIP PROGRAM

LIKE A PRO Sharlena

On the other hand, **Sharlena Ward** knows just how it's done. We were pleased to welcome her back after a COVID break. She had lost none of her riding skills.

First, make sure the team is ready (especially Logan) * Then off for a brisk walk in the fresh air * Now to tackle some serious exercises. Yeah!









ANDY ROBB MEMORIAL FUND

OPEN FOR DONATIONS

As announced in the June 2021 issue of *The Whinny*, this special fund was launched at our 2021 AGM. We invite you to consider becoming a monthly sustaining donor so that our programs may continue into the future with greater financial stability.

Signing up to make a general donation or to designate your donation for this special fund is easy! Simply visit our website at **www.thejoyriders.ca**, and on the home page click on the Big Red Button. Your online donation will be processed by CanadaHelps, which automatically issues charitable tax receipts.



THE COVID CHALLENGE CONTINUES

We have had a very successful year in all respects, despite COVID. But unfortunately, we will again have to forego our Christmas Party to wrap up the year. That also means once again putting our Joyrider of the Year award on hold.

Nonetheless, we have much to be grateful for – the support we have received, and the enthusiasm of everyone taking part. As a province, we can be proud of the leadership of Dr. Heather Morrison and Premier King in keeping us as safe as possible through the COVID challenge.

Thank you, everyone, for complying with the new rule to be double-vaccinated. We strongly believe that practicing due diligence will not only keep us safe for everyone's sake, but demonstrate to the general public and authorities that we are a professionally run, responsible organization worthy of their support.



PARTY TIME!

In September, members of the Program Team took a rare opportunity to get together socially, to celebrate the success of our two new CTRBI-2* instructors, Lauren MacIsaac and Gilles Richard.

In addition to their official certificates from CanTRA, Laruen and Gilles were presented with framed photos of themselves in action. At left, Lauren is leading her horse, Henry, ridden by Ryan. At right, Gilles is instructing Charley Anne riding Jewel.

* Basic Instructor, qualified to teach two riders in a lesson.



Thanks to our gracious hosts, Trish Helm-Neima and her husband, Paul, for making their beautiful new home available for the event. *See also page 9*.



Left to right: Daphne, Debbie, Trish, Lauren, Gilles, Doug, Marg and Deena.

FALL RIDING PROGRAM

We were able to accommodate 12 riders this fall, and they all did a terrific job! Although we ran the session for eight weeks, instead of 10 (to avoid dark, cold weather), still our riders showed great progress.

But there is also a progression within each lesson. Let's see what the steps are from start to finish.

WARMING UP THE HORSES



Left to right: Logan with Florine, Pixie with Julie, and Henry with Rosalyn, directed by Lauren.

WARMING UP THE RIDERS



Stretch up! Marg, at left, puts 'em through their paces: Hannah (riding Winston at front), Paxton hidden at the back (riding Whinny), and Marc (riding the step-stool at right).

MOUNTED AND READY TO RIDE



Marc on Henry, Paxton on Logan, Hannah on Pixie.

WALKING ON THE STRAIGHT



Rowan on Pixie

WALKING ON THE CIRCLE



Vaeda on Logan, Patricia on Henry.



Paxton on Logan, Marc on Henry, Hannah on Pixie.

PRACTICING THE HALT



Emily on Henry, Rachael on Logan.

STEERING THROUGH THE CONES



Marc on Henry.

OVER THE POLES – EYES UP!



Charley Anne on Pixie, Ryan on Henry.

OVER THE POLES – INDEPENDENCE!



Ryan and Henry take the final step.



THANKS TO BOBBI'S CREW

A shout out to board members Linda Stewart and Karen Thompson, assisted by Kellie-Lynn Younker, for volunteering to run the "Pet & Play" Bobbi program.

REMEMBERING JO-ANN MacPHAIL



We have just learned the sad news of the passing of **Jo-Ann MacPhail** after a long illness.

Jo-Ann became involved with the Joyriders when her son Peter joined the program in 1992 and rode with us until 2006. Jo-Ann soon joined the board and served as president from 2000 to 2004, retiring in 2006 when Peter left the program.

Jo-Ann was an irresistible, cheerful force! She flipped hamburgers outside the Superstore in those early days when that's what it took to raise funds. She hosted board meetings at her home. She went around the countryside personally presenting appreciation plaques to business donors. She brought her daughter, Victoria, along as a volunteer. She travelled with our team to the Atlantic CanTRA Games in Nova Scotia. The list goes on... Jo-Ann was truly a hands-on worker for the cause.

In 2002, Jo-Ann received the President's Award from the PEI Recreation and Sports Association for the Disabled for her volunteer contribution to the Joyriders.

The Joyriders has been included as one of the charities to which donations can be made in Jo-Ann's memory. We greatly appreciate this generous gesture, and extend our condolences to Jo-Ann's family.

PHOTO POTPOURRI



CanTRA NEWS

Canadian Therapeutic Riding Association

CanTRA WEBINARS

With the forced the cancellation of in-person seminars in the past two years, CanTRA has turned to offering Zoom webinars on some important subjects. Not only are these webinars of great educational value, especially to CanTRA instructors, but each one counts towards the updating hours that instructors require in order to maintain their national certified status.

In 2021, our board supported several instructors and others to attend the following webinars:

* Equine-Facilitated Wellness (EFW): Neurodevelopmental Disorders (Autism Spectrum Disorder, ADD/ADHD, and Fetal Alcohol Syndrome)

presented by Dr. Anne Barnfield, Breschia College, Ontario (and a member of Can'TRA's EFW Committee).

* EFW: Welfare of the Horse

presented by Tegwyn Harper, CanTRA Coach/ Examiner, BC.

* *Canada's Equine Code of Practice* presented by Gayle Ecker, Director, Equine Guelph (University of Guelph), ON.

* Successful Fund-raising Tools and Pivoting Through COVID presented by Wayne Bartlett (NL), Ann Caine (ON), and Kelly Sandoval (NL).

Participants also receive a copy of the PowerPoint presentations. A binder with a print copy of the first three webinars, above, is available in the viewing room cupboard for anyone interested to browse through.

Other webinars are in the offing. We thank CanTRA for finding a way to ensure our instructors and other local key personnel can continue their education while COVID restrictions are in effect.



Lindee Climo's beautiful image of therapy horse Tanner, featured on our fund-raising cards.







Of course, a food fest was part of the celebrations for Lauren and Gilles at Trish's house! Around the table from left: Trish, Debbie, Lauren, Doug, Marg, Gilles, Deena.

STOP PRESS!



Thanks so much to the Beer Tent folk at Red Shores for the annual Joyriders Pace fund-raiser! Shawn Smith (Red Shores Assistant Supervisor) and Tim Ford (Beer Tent) presented a cheque for \$4,044. A bumper turnout of 24 Joyriders folk, including Ryan, Justin, and Gillian Dunphy, watched "Thegreatmaelstron" win the race. What a great way to wrap up our busy year!

BOARD OF DIRECTORS 2021-2022

Daphne Davey

Janice Cole

Jim McQuaid

Florine Proud

Mel Gallant

Gillian Lush

President Past president Vice-president Secretary Treasurer

Directors

Directors ex officio

Pat Lush Butch McGee Elizabeth Rankin Linda Stewart Karen Thompson Kathryn Barrett *Chief Instructor* Deena Robb *Volunteer Coordinator*







"THE WHINNY"

Semi-annual newsletter of THE JOYRIDERS Therapeutic Riding Association of PEI PO Box 20149, Charlottetown, Prince Edward Island, Canada, C1A 9E3

Editor: Daphne Davey joyridesrinfo2020@gmail.com

SUBMISSIONS are welcome! Why not write something or send a photo or drawing?

PHOTOS are by Daphne Davey unless otherwise credited.

The Whinny is posted on Facebook https://www.facebook.com/ thejoyriderspei/

PROGRAM TEAM

Chief instructor Kathryn Barrett, CanTRA Coach

Instructors

Lauren MacIsaac, CTRBI-2 Gilles Richard, CTRBI-2 Daphne Davey, CTRBI Debbie Gormley, CTRBI Marg Gray, CTRBI *Instructor trainee* Doug Ellis

Physiotherapists Trish Helm-Neima

Kerry O'Connor

Volunteer Coordinator Deena Robb deena.robb@gmail.com

Rider Coordinator Julie Scales juliescales@msn.com

RIDER APPLICATIONS COORDINATOR

Ellen McCloskey ellen.jmccloskey@gmail.com







VISIT THESE SITES

www.thejoyriders.ca

https://www.facebook.com/ thejoyriderspei

www.cantra.ca