



THE JOYRIDERS
THERAPEUTIC RIDING ASSOCIATION
Prince Edward Island, Canada



“THE WHINNY”
Issue #30 ~ SPRING 2023

OUR MISSION

The enhancement of the physical, emotional and social well-being of children and adults with disabilities through various forms of therapeutic riding.



2022 JOYRIDER OF THE YEAR ~ JESSICA PYE

Jessica received her award at the Christmas Party. Her dad was more surprised than she was. He had once again crafted and donated the beautiful horse-head silhouette trophy for this award, but had no idea who the recipient would be. *Surprise!* For more on Jessica's award, see page three.

From left: Our Patron, Lieutenant Governor Antoinette Perry, with Jessica and Glen Pye. Photo: Jim McQuaid.

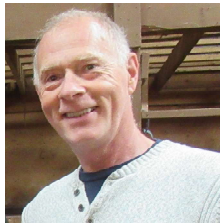


EDITOR'S EYE VIEW

This is a bumper-sized issue of the *Whinny*. I couldn't help it! So much news to share, so many photos to brighten the pages. But summer has finally arrived, so why not take a few minutes out of your busy lives, break open a cold drink, sink into a lawn chair, catch up on our story since last fall, and canter with us into our forty-fourth year (wow!).

Happy Canada Day, everyone!

Daphne Davey



YOU MADE IT, SUPERMAN!

A supersonic shout-out to **Doug Ellis** on nailing his recent CTRBI instructor exam (Canadian Therapeutic Riding Basic Instructor). Mentored by Kathy and supported by Gilles, Lauren, and the rest of the Program Team, Doug also had essential help from two other very important supporters. **Emily Craig** was Doug's demo rider, patiently letting him practice his teaching with her, and making a special trip to ride on exam day. And, of course, therapy horse **Henry**, who rose to the occasion with perfect manners.

PS: The CanTRA examiners also recognized Emily's riding skills.

CONGRATULATIONS FROM US ALL!

A MERRY TIME at the Christmas Party



Top: Mel Gallant, 2022 CanTRA Marian Chartley Administrator of the Year, receives his plaque from Jim McQuaid.

Middle: Her Honour Antoinette Perry cuts the Christmas cake with Daphne Davey.

Bottom: And a good time was had by all! Photo: Jim McQuaid.

WAY TO GO!

Hannah MacLellan, Carleton University, BA Honours in Human Rights and Social Justice with a Minor in Disability Studies – now embarking on her Master's in Social Work.

Holly Studzinski, Queen's University, Master's of Science in Aging and Health.

MORE ON 2022 JOYRIDER OF THE YEAR

Here's an excerpt from the citation about **Jessica Pye**, who joined us in 2014:

Jessica has some very definite views on what makes her happy and unhappy, which we have come to learn over time, and supported her in the challenges these have presented. It is because of her effort to overcome these challenges in order to find a balance, which has allowed her to progress with her riding, that she richly deserves this award.

Jessica loves horses! She is also appreciative of her volunteer team. On the other hand, Jessica does not get along with loud noises. Our physiotherapist, Trish Helm-Neima, mentioned how impressed she was by Jessica's bravery on one particular day when it was spilling rain. Despite being very distressed by the noise, Jessica got on with her riding. We have all seen how she has worked hard to overcome this fear. It is a huge achievement!

Our citation would not be complete without mention of Jessica's great sense of humour and her enjoyment of riding. She takes direction really well and loves to play games on horseback.

Congratulations, Jessica!



CANDID CAMERA



Carol tackles Bobbi's impenetrable forelock.

SPRUCING UP FOR SPRING

Fiona damage to trees and fencing gave **Kathy and John Barrett** lots of fixin' work. New concrete was laid in the barn aisle and the arena waiting area. And of course tack and equipment all got cleaned. We're ready to go!



*Top: Busy bees Debbie and Kellie-Lynn clean all the brushes
Bottom: Hee-hee-hee! Stop tickling my tummy, Marg!*

A GENEROUS GESTURE

Anneka Kouwenberg is 15 years old and passionate about therapy animals. She devised her own 4H Therapy Animal Project, raised \$200, and chose to donate the funds to the Joyriders. Bravo, Anneka!

For more on this story and photos of Anneka with her own therapy pets, visit our Facebook ...

<https://www.facebook.com/thejoyriderspei/>



IT'S SPRINGTIME!



The TUESDAY Gang



JUSTIN on PIXIE with Michelle, Kellie-Lynn and Patti.



2023 AGM: CHANGE IN THE AIR

We said farewell to three board members at the AGM: Elizabeth Rankin, Edna Reid, and Volunteer Coordinator Deena Robb. Thank you so much for your service! At the same time, we welcomed (with open arms) our new treasurer, Heather MacNeil and new Volunteer Coordinator, Olive Moase.

For more about Deena, see page 6.

Top: ROWAN on HENRY with Carol and Florine

Above: SPENCER on PIXIE with Michelle, Patti and Florine

Below: CASSIDY and BOBBI with Kellie-Lynn and Carol



Heather MacNeil, Treasurer

Olive Moase, Volunteer Coordinator





IT'S SPRINGTIME!
The THURSDAY Gang



NORAH on PIXIE with Karen, Sarah and Janet



RYAN on HENRY, all on his own!

But what's this? Grocery shopping? Yep! Here's the list (left), there's an item on the shelf (right), and down below is Patricia filling her grocery cart.



SERENITY on PIXIE with Les and Julie



VAEDA on LOGAN with Julie, Daisy Lee and Patti



PATRICIA on LOGAN, all by herself!

GREAT SUPPORT AT THE TRACK!

Many thanks to our good friends at the Charlottetown Driving Park for their ongoing generous support of the Joyriders.



"Howmac Blaze" in the winner's circle of the Joyriders Pace with Tom and Joy Ford and Ron Judson, who presented a cheque for \$12,000 to the Joyriders crowd. The funds were donated by the Old Home Week Beer Tent.



On another wintry day, the Red Shores Drive for Charity presented a cheque for \$540 to Marc and Daphne. With driver Adam Merner is Julie Jamieson of the PEI Harness Racing Association (a former Joyriders volunteer).

ANDY ROBB MEMORIAL PARTNERSHIP FOR SUSTAINABILITY

As we offer our programs today to children and adults with disabilities, we hope that the funds will also be there tomorrow and on into the future.

The Andy Robb fund was launched in 2021 to give us that important peace of mind.

For more information about this fund, please visit our website (Donate Today tab) at

<https://www.thejoyriders.ca>

SNAPSHOTS



Debbie, Pixie, and Karen



Trish, Heather, and Amy

SERVICE ABOVE AND BEYOND

Deena Robb has served both as board member and Volunteer Coordinator since 2003 (yes, *twenty years!*), so on her retirement at the AGM, we were delighted to present her with a special gift of a flower planter, constructed and donated by **Frank McCloskey**, with our deep thanks for everything she has done for the Joyriders. Deena is now serving on the Andy Robb Fund campaign committee.



"Our deep thanks for your outstanding volunteer service 2003–2023 from your Joyriders friends"



IT'S SPRINGTIME!



The SATURDAY Gang



EMILY on HENRY with Sydney and Libby



CHARLEY ANNE on PIXIE with Kyle and Karen



PAXTON on PIXIE with Nadine and Debbie



JESSICA on HENRY with Heather and Ewen.
Photo: Glen Pye



MARC on LOGAN with Marg



Canadian Therapeutic
Riding Association
NEWS

Welcome to new Administrator, Heather Montgomery, at CanTRA head office.

The national workload has now been divided into two main "hubs":

- General administration and centre accreditation (in Guelph, Ontario): ctr@golden.net
- Instructor certification and education (in Sorel-Tracy, Québec): ctr1@golden.net

CanTRA will also offer more educational webinars this fall.

LIONS COME THROUGH AGAIN!

Cymbria Lions Club

After receiving a donation of \$1,000 from these generous Lions, Janice Cole visited the club to talk about our programs. She did such a good job that Lion Dan Costain was inspired to volunteer with us. Welcome, Dan!

Hunter River Lions Club

Once again, our “home” Lions Club donated the proceeds from their Pancake Breakfast, a cool \$1,000.



Daphne with the event organizers.

DOUG SHOWING HIS FORM



Doug loosening up with Justin on Pixie and Rowan on Henry.

COMINGS AND GOINGS AT THE BARN

Annie joins Trish

Welcome to **Annie Macartney** who now joins Trish Helm-Neima as a consultant physiotherapist. Both Trish and Annie will be volunteering at the barn on specific program days to guide our instructors. (Annie is so new, we don't have a photo of her – yet.)

Please note: Our physios are volunteer consultants for the Joyriders program. They do not conduct physiotherapy sessions at our lessons.

Time for time out

Joan Leslie, a long-standing volunteer with a particular interest in equipment management, has taken off on travels for awhile. We hope to see her back again in the future.



Our longest-standing volunteer

We say a heartfelt goodbye to **Merv Froehlich** who has been a volunteer since – get this – 1996! We will honour Merv more fully in the fall 2023 issue of the *Whinny*. In the meantime, Merv, have a great summer – with your feet up.

THANKS to **Laurie McDuffee**, DVM (and board member), for conducting a workshop for the Program Team, based on her research into stress in therapy horses. Her workshop counted for instructor updating hours.

HAVE CAMERA, WILL SHOOT



Norah warming up on Winston with Janet, Kellie-Lynn and Lauren.



Kathy lungeing Ryan on Henry to practice his posting trot.



Vaeda athletically demonstrating the "frog" exercise

CONGRATULATIONS to Joyriders friend **Valerie Paton**, recipient of Island Horse Council's 2022 Ralph Manning Award. Val has served on our board of directors and sometimes gets called in to act as an in-house judge for video competitions and dressage tests.



Say cheese! From left: Cathleen, Rowan, Justin, Carol.



Tracey (Charley's mom), Dan (Cymbria Lion), and Doug (new CTRBI).



A BIG SURPRISE

Taken completely by surprise, Daphne found herself in March the recipient of the Queen Elizabeth II Platinum Jubilee Medal. The nomination was submitted by Rosemary Curley, a biologist who thought Daphne's enthusiasm for all things nature, combined with her involvement with the Joyriders (an interesting combination for an award!), warranted mention. Daphne was honoured to receive her medal from Lieutenant Governor Antoinette Perry, Patron of the Joyriders, which was the icing on the cake.



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**BOARD OF DIRECTORS
2023-2024**

President Daphne Davey
Past president Janice Cole
Vice-president Jim McQuaid
Secretary Florine Proud
Treasurer Heather MacNeil

Directors Dr. Laurie McDuffee
Butch McGee
Linda Stewart
Karen Thompson

Directors ex officio Kathryn Barrett
Chief Instructor
Olive Moase
Volunteer Coordinator

DONATION OPTIONS

Online at www.thejoyriders.ca
E-transfer to joyridersinfo2020@gmail.com
Cheque to our mailing address c/o Treasurer

“THE WHINNY”

Semi-annual newsletter of
THE JOYRIDERS
Therapeutic Riding Association of PEI
**PO Box 20149, Charlottetown,
Prince Edward Island, Canada, C1A 9E3**

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joyridersinfo2020@gmail.com

SUBMISSIONS are welcome! Why not write something or send a photo or drawing?

PHOTOS are by Daphne Davey unless otherwise credited.

The Whinny is posted on Facebook
[https://www.facebook.com/
thejoyriderspei/](https://www.facebook.com/thejoyriderspei/)

PROGRAM TEAM

Chief instructor
Kathryn Barrett, CanTRA Coach

Instructors
Lauren MacIsaac, CTRBI-2
Gilles Richard, CTRBI-2
Daphne Davey, CTRBI
Doug Ellis, CTRBI
Debbie Gormley, CTRBI
Marg Gray, CTRBI

Physiotherapists
Trish Helm-Neima
Annie Macartney

Volunteer Coordinator
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Rider Coordinator
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**RIDER APPLICATIONS
COORDINATOR**

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www.thejoyriders.ca

[https://www.facebook.com/
thejoyriderspei](https://www.facebook.com/thejoyriderspei/)

www.cantra.ca