

THE JOYRIDERS THERAPEUTIC RIDING ASSOCIATION Prince Edward Island, Canada

# "THE WHINNY"

Issue #31 ~ FALL 2023



# **OUR MISSION**

The enhancement of the physical, emotional and social well-being of children and adults with disabilities through various forms of therapeutic riding.



Those lazy days of summer!

Thanks to volunteer Amanda Champion and her sweet Mini, Tequila, Luke is delighted with his first cart ride in our Horsemanship program. Instructor Marg keeps pace as side-walker.



# EDITOR'S EYE VIEW

Our Island certainly boasts a variety of weather. From boiling hot and dry to cool and very soggy, we had it all this year. And we kept on riding!

One of the highlights this summer was the production of a new promotional video. You can watch it on our website or Facebook page. Thanks to videographer Perry Williams of Virtual Studios for his endless patience and good humour. We are delighted with the result!

Daphne Davey



Jamie Penton from East Royalty Lions Club presents a cheque for \$200 in memory of Andy Robb, a founder of the club. Deena Robb was pleased to accept the cheque on behalf of the Joyriders. Our sincere thanks to Lions members for their generous support. Photo: East Royalty Lions Club.

# THE "HORSE DAYS" OF SUMMER

Our summer Introductory Horsemanship Program welcomed three new and two returning Joyriders. Bobbi (that's the fella with the black spots) and Tequila (the gal in harness) did a great job! Thanks to Velma Pinsonneault and Amanda Champion ("parents" of Bobbi and Tequila respectively) for loaning their darlings to the program.



Sharlena (and Pixie!) listen attentively as Kathy explains the trail course.



Front-seat driver Liam helps Linda drive Tequila, while Amanda side-walks.



Curtis tries to brush off those black spots, with Marg and Kerrie-Lynn.



Luke thought this "joy ride" was great fun! – thanks to Tequila, with Amanda and Marg.



Jessica (a star in our new video, by the way) enjoys riding Pixie with her pet squid, Squiddy (a.k.a. Henry). Everett and Sarah think that's awesome!

# ANDY ROBB MEMORIAL PARTNERSHIP FOR SUSTAINABILITY

This Fund was established in 2021 in memory of its instigator, **Andy Robb**. We have now launched a campaign to strengthen our sustaining donor base. If you would like to support the Joyriders to ensure its services to children and adults with disabilities continue to flourish, we invite you to visit our website (Donate Today tab), learn about Andy Robb, and sign up as a sustaining donor. Many thanks from all of us!

# www.thejoyriders.ca

#### **VOLUNTEERS ~ OUR LIFEBLOOD**

Welcome to all our new volunteers! And thanks so much to our "old" volunteers who returned to strengthen the team. We cordially invite you all to celebrate with us at our Christmas Party, when we take the opportunity to thank you. If you have any questions about our 2024 programs, please contact

# Olive Moase, Volunteer Coordinator olive.moase@pei.sympatico.ca



Top: Florine and Patti with Logan.

Middle: Kellie-Lynn with Pixie.

Bottom: Maxine with Bobbi.







# CAUGHT IN THE ACT

During their orientation session, new volunteers are introduced to warm-up horse Winston. Physio Trish explains all the benefits to riders of using Winston and his stable-mate, Whinny.





### JOYRIDERS PACE A WINNER!

Yet again, our generous friends at the Old Home Week Beer Tent presented us with a cheque at the Joyriders Pace, held at Red Shores on a warm October afternoon. We sincerely thank Tom and Joy Ford, Kelly Judson, and Paula Annear for their wonderful donation of \$7,000. Moonwriter and driver Adam Merner did their bit, too!



Photo: April Myers

### JUST FOR LAUGHS THE "BOBBI" PROGRAM









CURTIS

LUKE



**JESSICA** Photo: Kellie-Lynn Younker





**THE VOLUNTEER GANG** From left: Kellie-Lynn, Linda and Karen with Jessica and Bobbi.

# LIGHTS, CAMERA, ACTION!

Perry Williams, Virtual Studios Creative Digital Media, shown in action shooting footage for our new video, which is posted on our website and Facebook page (for links, see page 10). Thanks to Telus Friendly Future Foundation for a grant which supported this project.





# STRE-E-E-TCH ......

# ..... AND MOUNT!



CURTIS on Winston

Then on Pixie





JESSICA on Winston

Then on Pixie





SHARLENA on Winston

Then on Pixie





# JOYRIDERS BOARD HARD AT WORK

Our board has responsibility for all Joyriders present-day activities: programs and events, finance and fund-raising, PR, and many other details besides. But we also have to look to the future.

On November 26, board and program team members will spend the day together in a Strategic Planning session under the guidance of guest facilitator Garth Waite.

Where will our organization be in the grand scheme of things in three to five years' time? As they say, "the times they are a changing," and we need to ensure we stay on top. This day will produce some serious discussion, goalsetting, and a plan to move forward "with impulsion" (such a useful equestrian term!).



# AN INVITATION

We welcome your enquiry about becoming a board member! You will find yourself joining a truly dedicated group of people who are committed to making a contribution, each from their own experiences, towards the ongoing health and stability of the Joyriders.

FOR MORE INFORMATION email Daphne Davey, President joyridersinfo2020@gmail.com



# CANDID CAMERA



Emily

Fala and Doug





#### MORE CANDID CAMERA



Norah with Kelley



FAREWELL



We send our very best wishes to **CASSIDY CHEVERIE**, who started with us in 2009, and **VAEDA MATHESON**, who started in 2018, as they move on. We will miss them!

#### WHO'S ON FIRST? Which rider ... with which horse ... with which leader ... with which side-walker?

RIDER	HORSE	MOUNT		
NDRAH	Pixie		Leader	SIDE WALKERS
Liam	HENRY		MOLLY	Kall's Rame
		CROUP	KYLE	Barb Rarbara
1920 RYAN	HENRY	CROUP	The second	
MARC	Pixie	CROUP	Holly	CAROL
	Logra	CROCP	MARG	Cathering
	Logici		DEBBIE	NADINE Neeve
SPENCER	Logan	CROSE	Path	Nora
JUSTIN	PIXIE	SHOLE	Kolio-Lyn	Michelle
ALL A				
OS EMILY	Legan	CROUP CRES	FLORINE	Emma
hur		CROUP	HEATHER	2
SERENITY	No. of Concession, Name	Croup	JANET	
15 Patricia		CROUP		Cindy Maxine
CHARLIE ANN	Fixie		Everet	Errol
ROWAN	Henry	CROUP		
		-	-	

# THE THINGS YOU CAN DO ON A HORSE! Some highlights from the fall Riding Program

# YOU CAN GO GROCERY SHOPPING ...







Top: Liam on Henry, with Barbara and Kyle Bottom: Norah on Pixie, with Trish, Lauren, Kelly and Kathy

# OR YOU CAN PLAY MUSICAL STALLS ... and when the music stops, it's a horse race!

Top: Justin on Pixie, with Michelle and Kellie-Lynn. Middle: Rowan on Logan, with Cindy and Everett. Bottom: Justin on Pixie, with Michelle, Kellie-Lynn and Florine in a tie with Spencer on Logan, led by Patti.









OR YOU CAN RUN AROUND IN CIRCLES ... If all else fails, follow the sawdust!



Left to right: Marc on Pixie, Ryan on Henry, Paxton on Logan.



Rachael on Pixie, with Emma and Janet, already zoning in on the letter C.

#### SPECIAL OLYMPICS HONOURS PATRICIA BRADLEY

One of our Joyriders, **Patti Bradley**, recently received the Chris MacPherson Spirit Award, sponsored by ADL. The award is given out annually by Special Olymipcs PEI. The citation mentioned that "Patti has participated in community sports for over 14 years ... is always smiling and laughing and cheering for her teammates ... [and] an excellent example of trying your hardest to achieve your best and smiling through it all."

To see a photo of the presentation to Patti, go to the Special Olympics Facebook: <u>https://</u>www.facebook.com/specialopei/

Congratulations, Patti!

# PHOTO POTPOURI



Emily on Logan





Marc on Pixie

Serenity on Pixie





Patti on Logan

Paxton on Logan





Spencer on Henry

# BOO!!



# BOARD OF DIRECTORS 2023-2024

Daphne Davey

Janice Cole

President Past president Vice-president Secretary Treasurer

Directors

Directors ex officio

Jim McQuaid Florine Proud Heather MacNeil Dr. Laurie McDuffee Butch McGee Linda Stewart Karen Thompson Kathryn Barrett *Chief Instructo*r Olive Moase

Volunteer Coordinator

DONATION OPTIONS

<u>Online</u> at www.thejoyriders.ca <u>E-transfer</u> to joyridersinfo2020@gmail.com <u>Cheque</u> to our mailing address c/o Treasurer

# "THE WHINNY"

Semi-annual newsletter of THE JOYRIDERS Therapeutic Riding Association of PEI PO Box 20149, Charlottetown, Prince Edward Island, Canada C1A 9E3

Editor: Daphne Davey joyridersinfo2020@gmail.com

**SUBMISSIONS** are welcome! Why not write about your experience as a Joyrider or volunteer? Or send a photo or drawing?

**PHOTOS** are by Daphne Davey unless otherwise credited.

# PROGRAM TEAM

*Chief instructor* Kathryn Barrett, CanTRA Coach

#### Instructors

Lauren MacIsaac, CTRBI-2 Gilles Richard, CTRBI-2 Daphne Davey, CTRBI Doug Ellis, CTRBI Debbie Gormley, CTRBI Marg Gray, CTRBI

#### **Physiotherapists**

Trish Helm-Neima Annie Macartney

Volunteer Coordinator Olive Moase olive.moase@pei.sympatico.ca

*Rider Coordinator* Julie Scales jbscales30@gmail.com

#### RIDER APPLICATIONS COORDINATOR

Ellen McCloskey ellen.jmccloskey@gmail.com







#### VISIT THESE SITES

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